GRID - unison battery exercise

PERFORMED WITH ADDED FLAMS, DRAGS, TAP-FIVES, ACCENT-ROLLS, FLAM DRAGS
CHEEZE, FLAM-FIVES, PATTY FLA FLAS, CHEEZE PATTY FLA FLAS, ETC.

SAMMONS

A
STRAIGHT STICKING

\[ \frac{\text{Notes}}{\text{Beat}} = 96 - 110 \]

B
ALTERNATE STICKING

C

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